Taming Technology

PP: http://www.supportingparentsessexnj.org/wp-content/uploads/2019/04/tamingtechnologyworkshopapr2019.pdf

PREF: http://www.supportingparentsessexnj.org/wp-content/uploads/2019/04/preftamingtechnologyapr2019.pdf

Fact Sheet: http://www.supportingparentsessexnj.org/wp-content/uploads/2019/04/tamingtechnologyfactsheetapr2019.pdf

Managing Conflict

PP http://www.supportingparentsessexnj.org/wp-content/uploads/2019/04/managingconflictworkshopfeb2019.pdf

PREF http://www.supportingparentsessexnj.org/wp-content/uploads/2019/04/prefmanagingconflictfeb2019.pdf

PODCAST
https://www.youtube.com/watch?v=A1bHS3ZPlH0&list=PLk40Ba_j7aA8bL8Uc5A69b7poCdDzE7jR

Feelings Thermometer: http://www.supportingparentsessexnj.org/wp-content/uploads/2019/04/feelingsthermometerfeb2019.pdf